

# October Newsletter



## Candy Corn Bark

- 16 Halloween-colored chocolate sandwich cookies, chopped
- 1 1/2 cups broken small pretzels
- 1/3 cup raisins
- 1 1/2 pounds white chocolate, broken into squares
- 2 cups candy corn
- orange and brown sprinkles

Spread the cookies, pretzels and raisins evenly onto a lightly greased small baking sheet. Melt chocolate in a bowl set over a pan of simmering water, or in the microwave, stirring frequently until melted. Remove from the heat while there are still a few chunks, and stir until smooth. White chocolate burns easily.

Drizzle chocolate with a spoon over the goodies in the pan, spreading the top flat to coat evenly. Top with candy corn and sprinkles. Let cool until firm. Break into pieces and store in an airtight container.

We are excited that you are able to be in America during this season. Celebrate Halloween with us! Halloween is October 31st. It is a holiday filled with candy, costumes, and fun!

Here is a bit of history on this fun holiday. The word Halloween is a shortening of All Hallows' Evening. Halloween has its origins in the ancient Celtic festival. The ancient Gaels believed that on October 31, the boundaries between the worlds of the living and the dead overlapped and the deceased would come back to life and cause havoc such as sickness or damaged crops. Masks and costumes were worn in an attempt to mimic the evil spirits or appease them.

The traditions have evolved over the years. While the original costumes were meant to communicate with the spirits, current costumes are worn for fun. Those dressed up (typically children) walk door to door saying, "trick-or-treat". The resident of the home will give a sweet treat like a piece of gum or chocolate. In addition, people of all ages will throw Halloween parties, go to haunted houses, attend fall festivals, and carve pumpkins. Be sure to enjoy these activities this month!



## Asheville, NC

### Restaurants and Coffee Shops

- Tupelo Honey Cafe
- 12 Bones Smokehouse
- French Broad Chocolate Lounge
- The White Duck Taco Shop
- Cucina24
- Cúrate
- The Dining Room at Inn on Biltmore
- Edna's of Asheville
- The Green Sage Coffeehouse & Cafe
- Double Decker Coffee House
- High Five Coffee Bar

### Popular Sites to Visit

- Tom's Creek Falls
- Biltmore Estate
- Asheville Zipline Canopy Adventures
- Basilica of Saint Lawrence
- North Carolina Arboretum
- Grovewood Gallery
- The Montford Park Players
- McCormick Field
- Altamont Theater
- Western North Carolina Nature Center
- Riverside Cemetery
- River Arts District



### WISE Costume Photo Contest

The best part of Halloween is dressing up! For a day, you get to be a different character. Some of the most popular costumes are witches, superheroes, pirates, and zombies. You can create your own costume fairly cheap or go to a costume shop like Party City and purchase one already made.

If you decide to participate in this fun part of Halloween, WISE wants to see your pictures! Send those to [stephanie@wisefoundation.com](mailto:stephanie@wisefoundation.com) by November 2nd. The winner will have their photo published in the November communication and will receive a Starbucks gift card! We are excited to receive your costume pictures!



### October Cultural Components

- Carve a pumpkin
- Visit a haunted house
- Halloween party
- Basketball game
- Navigate a corn maze